



# EKU Alternative Spring Break Program 2008



## ABOUT:

The EKU Alternative Spring Break (ASB) Program is designed to promote and encourage critical thinking, social action, and continued community involvement through direct service. Students who participate in ASB programs will perform purposeful service while immersing themselves in diverse environments and cultures. EKU's Alternative Spring Break program will enhance student growth and awareness through experiential learning, group discussion and individual reflection. This year EKU is offering three different ASB options. All trips are led by full-time EKU Staff members.

## WHY CHOOSE ASB?

Alternative Spring Break offers an experience you won't get from a typical spring break destination and has benefits that will be carried with you long after your break is over! In addition to participating in rewarding public service, ASB students will be involved in activities that will help them develop essential skills in the areas of teambuilding, communication and leadership. ASB students are given the opportunity to explore new areas of the country, and see the impact of their work on communities. ASB is a great chance for students to meet new people, and make new friends all while having fun!

## 2008 ASB Trip Destinations at a glance..

<p><u>Location 1: St. Louis, MO</u>  <u>Service Project:</u> Literacy, youth development  <u>Community Partner:</u> AmeriCorps St. Louis  <u>Cost:</u> \$125.00</p>	<p><u>Location 2: Biloxi, MS</u>  <u>Service Project:</u> Gulf Coast rebuilding  <u>Community Partner:</u> Hands On Gulf Coast  <u>Cost:</u> \$125.00</p>	<p><u>Location 3: Jacksonville, FL</u>  <u>Service Project:</u> Poverty, hunger, homelessness  <u>Community Partner:</u> Presbyterian Social Ministries  <u>Cost:</u> \$125.00</p>
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Each trip requires a \$125.00 participation. This amount will cover participants transportation, lodging and meals. Students should bring additional money for meals to and from destination, souvenirs, snacks, and to cover any additional and/or unexpected costs that may arise. A non-refundable deposit of \$25.00 must be turned in with the initial Registration Form by **Thursday, February 15th** to reserve your spot! Financial Assistance is available. *Please call Brian Perry at 622.3855 for more info.*

### Charleston, SC

This year we are offering an ASB trip specifically for non-traditional students! These students will visit Charleston, SC to work with Habitat for Humanity! This trip's meetings and registrations may differ from those mentioned below. Interested non-trads should contact Brian Perry for more information.

## Registration Dates and Deadlines

**February 15th:** Last day for Registration Forms and \$25 deposit to be turned in. Please remember trips are filled on a first come first serve basis!

**February 28th:** Remaining \$100 due.

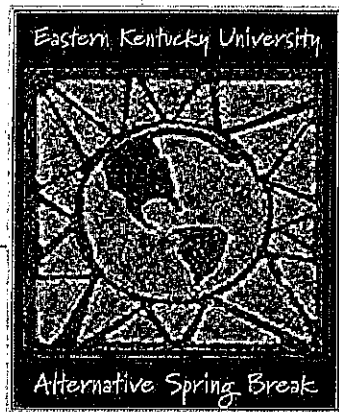
## Mandatory ASB Participant Meetings

Please note that students participating in the EKU Alternative Spring Break Program are required to attend two mandatory meetings prior to the trip and one meeting upon return. These meetings will offer an opportunity for students to meet their Trip Leaders, fellow trip mates, receive a detailed itinerary, and review and sign additional paperwork required for participation. The dates of these meetings are tentatively scheduled for:

**Thursday, February 28<sup>th</sup>**  
Herndon Lounge, Powell Building  
7:00-9:00 PM

**Wednesday, March 5<sup>th</sup>**  
Herndon Lounge, Powell Building  
7:00-9:00 PM

# 2008 EKV ALTERNATIVE SPRING BREAK TRIPS



## **St. Louis, MO**

Service: Literacy, Mentoring, Tutoring  
Community Partner: AmeriCorps St. Louis  
[www.americorps-stl.org](http://www.americorps-stl.org)

**Overview:** AmeriCorps St. Louis has distinguished itself as one of the leading AmeriCorps programs in the nation. The impact of AmeriCorps St. Louis on the region is profound. Each year, their organization serves in hundreds of urban St. Louis schools. Thousands of students who may otherwise fall through the cracks are given an academic foundation. Through the support of volunteer mentors and tutors, kids are given the opportunity to receive one-on-one attention that so many young people need.

Volunteers will work to attack the root cause of poverty in the St. Louis area – illiteracy. Students will have the chance to work one-on-one with elementary students as tutors, become middle school mentors, and participate in a wide-variety of after-school projects. Student volunteers will develop strong relationships with a lasting impact. There will also be opportunity for other service projects targeting poverty, hunger, conservation, etc. Students will also have an entire day to explore the city of St. Louis and enjoy some of AmeriCorps special events such as a climbing wall. Participants of this trip will be responsible for collecting children's books prior to the trip.

## **Biloxi, MS**

Service: Youth Development, Construction, Park Restoration, Poverty, Animals, and others  
Community Partner: Hands on Gulf Coast  
[www.handsongulfcoast.org](http://www.handsongulfcoast.org)

**Overview:** Since Hurricane Katrina hit in August 2005, dedicated volunteers have been working hard in Biloxi to help the community pick up and start again. Volunteers from around the country have helped in everything from clearing debris to tutoring kids to beautifying parks to rebuilding homes. It's in that spirit that they continue to engage volunteers from across the nation, along side residents of the Gulf Coast in building community and rebuilding homes. Projects in the past have included removal of trees, gutting homes, walking dogs, delivering supplies, etc. Free time will include some beach time as well as a possible day-trip to New Orleans.

## **Jacksonville, FL**

Service: Poverty, Hunger, Homelessness, Construction, Disabilities  
Community Partner: Presbyterian Social Ministries, Inc.  
[www.urbanmission.fpcjacksonville.org](http://www.urbanmission.fpcjacksonville.org)

**Overview:** This trip will offer an exciting experience for groups to reach out to the people of low income families and the homeless in Jacksonville. Projects will vary from day to day. Some of the assignments you will be involved with include: working soup kitchens, helping build homes, working at a food bank, working in group homes for people with disabilities, working with the Salvation Army, etc. The beach is less than 30 minutes away and Florida theme parks are 2 ½ hours away! Our free day could possibly be spent visiting Universal Studios or Disney World!

# EKU Alternative Spring Break 2008

## Frequently Asked Questions

### The Basics

The trip leaders are:

Jacksonville: EB Hawkins & Jared Manes

St. Louis: Lesley Peters & Kate Pieratt

Biloxi: Tory Allara & ???

All three trips will depart campus about 11am on Saturday, March 8

All three trips will return Saturday March 15 (probably around 10pm)

All trips will be taking 12 passenger vans

All participants should bring twin sleeping materials or sleeping bags and pillow

- (Contact Campus Recreation for information on checking out such items)

St. Louis and Jacksonville will be responsible for preparing their own food most of the time. Biloxi participants will eat at the host site most of the time.

### Having Fun

Each trip will have a full free day on Sunday:

-Jacksonville will spend a day at the beach (and possibly a few afternoons...). Also will have the evenings to explore the city, and possibly St. Augustine

-Biloxi—possible day trip to explore New Orleans, and beach time

-St. Louis – free day still being planned, should have time most late afternoons/evenings to do some site seeing and other fun stuff throughout the city, climbing wall at the host site, etc.

The individual teams will be responsible for planning some of the fun events on the trip. You will have two mandatory meetings where you can work on dividing responsibilities, finalizing plans, etc.

### Other cool things you might want to know

The St. Louis trip will have an AmeriCorps presentation and discussion one evening – great if you want to learn how to get up to \$9,850 to use for college

The Biloxi trip may incorporate a service-learning package that the host site is offering – this would include a tour of the city, discussion with community leaders, focused service projects, and more!

### Signing up

To reserve your spot on any of the trips you must submit your ASB application and \$25 deposit

All spots are first come, first served

There is a limited amount of space available for all the trips - especially Jacksonville and St. Louis

Your application and deposit can be dropped off or sent to:

Brian Perry  
Office of Student Life  
128 Powell Bldg  
521 Lancaster Ave  
Richmond, KY 40475

### Cost

All trips are \$125

Additional food cost for Jacksonville and Biloxi will be minimal

Participants going to St. Louis will need about xxxx to cover xxxx dinners

All participants will need money to cover *all* food expenses for the ride to and from (both Saturdays)

All participants should bring extra money for souvenirs, site seeing, and/or other unexpected costs

### Payment

Cash, check, or credit card

Make checks payable to 'EKU Office of Student Life' with 'ASB' in the memo line

To use a credit card please fill out the 'VISA/MASTERCARD

AUTHORIZATION' form (available in the Office of Student Life and in SSB room 210 from the cashiers)

The \$25 deposit is due with your application (this will reserve your spot)

The \$125 balance is due no later than February 28

St. Louis participants must collect children books (at least five books per person)



# Alternative Spring Break Application Form

**Deadline for submission: February 15, 2008**

Applications must be turned in with a \$25.00 nonrefundable application fee. Spots for each trip are reserved on a first come first serve basis. The application form and fee will reserve your space. The fee will be applied to the full trip amount (\$125.00) of the ASB.

## Applicant Information

Full Name:				Date:				
<i>Last</i>		<i>First</i>		<i>M.I.</i>				
Address:								
<i>Street Address</i>				<i>Apartment/Room #</i>				
<i>City</i>				<i>State</i>		<i>ZIP Code</i>		
Phone:	( )	E-mail Address:						
Please indicate your 1st ASB Trip Choice:								
Please indicate your 2nd ASB Trip Choice:								
Please indicate your 3rd ASB Trip Choice:								
Are you a full-time student at EKU?	YES <input type="checkbox"/>	NO <input type="checkbox"/>	Please check one:	Fresh <input type="checkbox"/>	Soph <input type="checkbox"/>	Junior <input type="checkbox"/>	Senior <input type="checkbox"/>	Grad <input type="checkbox"/>
G.P.A.			Major area of study:					
Do you have a friend(s) you would like to be placed in the same site/ride in the same vehicle with?		YES <input type="checkbox"/>	NO <input type="checkbox"/>					
If yes, please list friend(s) names here:								

## Activities/Teams/Registered Student Organizations

Team/RSO:			Coach/Advisor:				
From:	To:	Officer/Team Leader?	YES <input type="checkbox"/>	NO <input type="checkbox"/>	Position Title:		
Team/RSO:			Coach/Advisor:				
From:	To:	Officer/Team Leader?	YES <input type="checkbox"/>	NO <input type="checkbox"/>	Position Title:		
Other interests/activities:							

## Questions

Please describe any past or present Community Service experience.

Why are you interested in the Alternative Spring Break Program?

What skills, qualities, aspects of your personality do you think will bring good things to Alternative Spring Break, and why?

What do you hope to gain from your Alternative Spring Break experience?

Please describe what you imagine to be your biggest challenge(s) or concern(s) while you are on your trip.

Are you interested in having a leadership role in your ASB Team? If so, check off the areas that interest you the most:

	Yes	No
Food: creating a menu, shopping for food, assigning cooks for each evening meal		
Travel: assisting with travel plans, maps, and sites of interest		
Photographer: taking pictures, creating display board when we return, distributing pictures, etc.		
Reflection: plan reflection activities for each night, gathering poems, stories, etc.		
Team building: games and activities for our meetings and for the trip (as well as during traveling)		
Communications: assists with publicity, writing letters to site, assisting with thank-you letters		

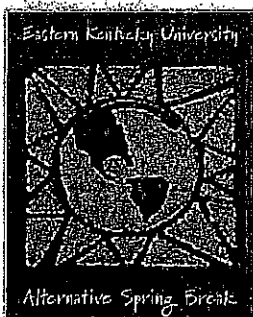
**Alcohol and Drug Free Policy**

EKU Alternative Spring Break is an alcohol free and substance free program. This prohibits alcohol consumption or illegal or irresponsible drug use by anyone, regardless of age, participating in the EKU Alternative Spring Break Program. As a participant, I agree to abide by the substance free policy, and understand that if I violate this policy, I may be sent home at my own expense. Furthermore, I understand that if I violate this policy I will be subject to any Eastern Kentucky University regulations with regard to consumption of alcohol or illegal drugs and their consequences/ punishments.

**Signature**

Signature:

Date:



Please turn in all forms to the Office of Student Life  
 128 Powell Student Center, 521 Lancaster Ave, Richmond, KY 40475  
 Phone: 859.622.3855 Email: brian.perry@eku.edu

